

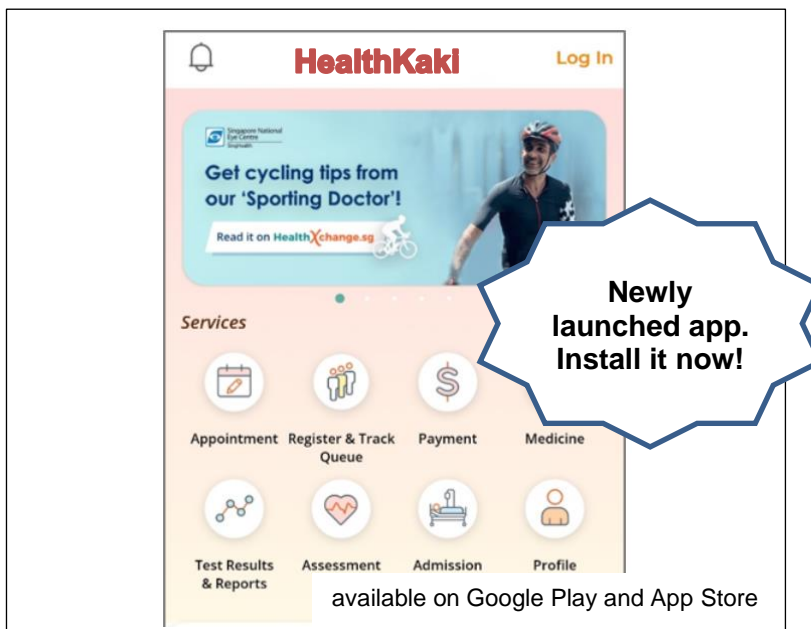
## Section A

## Text 1

Study the pamphlet about the new health app available for elderly Singaporeans.

## Gracefully, Healthily Aging

With this new HealthKaki App, your health monitoring is in the palm of your hands.



Features of the HealthKaki app:

- ❖ This app tracks and calculates the calories and nutritional content of your meals and snacks.
- ❖ Helps to summarise your daily nutritional intake and tracks your weight.
- ❖ Features more than 300 simple exercises for you to follow.
- ❖ Helps to check your medication by identifying pills without labels, by searching through drug name, pill shape and colour.

**Text 2 is taken from a website about our ageing society.**

By 2030, almost one fifth of Singaporeans will be more than 65. The elder generation, also known as the silver generation, are more prone to diseases, syndromes and illnesses due to their regenerative abilities. Due to our busy schedule and hectic daily pursuits, we often let our health take a back seat. This has great ramifications when we get older.

**Section A [5 marks]**

**Refer to the pamphlet (Text 1) for Questions 1 - 4.**

1 Look at Text 1. Why would the HealthKaki App appeal to people who watch their diet and weight? Tick **two** boxes only. [2]

Helps to organise and plan busy schedules.	<input type="checkbox"/>
It is available on Google Play and App Store.	<input type="checkbox"/>
Tracks and calculate calories of food consumed.	<input type="checkbox"/>
Summaries daily nutritional intake and tracks weight.	<input type="checkbox"/>

2 Look at Text 2. Who do you think the intended audience is? Tick **one** box only. [1]

Elder Singaporeans aged 85 and above.	<input type="checkbox"/>
Singaporeans approaching 65 years old.	<input type="checkbox"/>
The millennials in Singapore.	<input type="checkbox"/>

3 Look at Text 1. What is the effect of the sentence “With this new HealthKaki App, your health monitoring is in the palm of your hands” on the reader? [1]

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4 How does the tone in Text 1 differ from the tone in Text 2? [1]

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## Section B

## Text 3

**The text below describes a strange experience a tourist had as he explored an Asian city he was visiting. Read it carefully and answer Questions 5 - 13.**

1	<p>In the heart of an exotic Asian city, an intrepid tourist embarked on a journey of exploration, ready to immerse himself in the wonders of a culture steeped in mystique. Little did he know that this voyage would lead him into a realm of inexplicable encounters and enigmatic mysteries that would forever remain etched in his memory.</p>	5
2	<p>The day began like any other, with the sun's rays cascading harshly upon the city's bustling streets, and the sweet aroma of street food wafting through the air. The tourist, armed with a camera and an adventurous spirit, meandered through narrow alleyways, their walls adorned with vibrant graffiti, depicting ancient legends that seemed to come alive.</p>	10
3	<p>As the hours ticked by, the city began to transform. Shadows seemed to elongate, and a faint, otherworldly hum permeated the atmosphere. At first, the tourist brushed it off as mere figments of his imagination, attributing the feeling to the exhaustion from his journey. But soon, he realised that the city had a life of its own.</p>	15
4	<p>The locals spoke in hushed tones about the "Veil of Time", a phenomenon that only occurred on rare occasions when the celestial alignments were just right. Skepticism tugged at the corners of his mind, yet he sought answers to this puzzling mysterious behaviour.</p>	20
5	<p>While exploring an ancient temple tucked away in the heart of the city, he encountered a mysterious elderly monk. Dressed in traditional robes, the monk's eyes seemed to indicate he was wise like Solomon. With a knowing smile, he gestured for the tourist to follow him. Unspoken words seemed to pass between them as they journeyed deeper into the temple's inner sanctum.</p>	25
6	<p>Within the temple's hidden chamber, the tourist was transported to a realm that seemed to transcend time itself. Past, present, and future melded on an alluring tapestry hung high from its ceiling. It offered glimpses of history's defining moments and visions of what was yet to come. The boundaries of reality blurred as he witnessed scenes of ancient rituals and modern cityscapes coexisting in harmony.</p>	30

7	<p>Startled yet captivated, the tourist couldn't help but wonder if he had stumbled upon a time portal between dimensions. The monk, in his cryptic wisdom, revealed that certain places in the city held "ley lines" of energy that allowed glimpses into different realities. These cosmic intersections were guarded by spiritual sentinels who remained hidden from the uninitiated eyes.</p>	35
8	<p>As the sun began to set, the tourist found himself back in the present, standing before the temple's entrance. The monk had vanished without a trace, leaving the tourist to grapple with the inexplicable journey he had just undertaken.</p>	40
9	<p>In the following days, the tourist continued his exploration of the city, each step filled with a newfound sense of reverence and respect for the enigmatic force that permeated its streets. He encountered mesmerizing street performances. <b>These</b> seemed to blend traditional art with contemporary flair, and stumbled upon hidden enclaves where ancient wisdom was preserved and celebrated.</p>	45
10	<p>The city, once merely a dot on a map, had transformed into a living enigma, and the tourist had become a humble seeker of its mysteries. He returned home with a heart forever changed, knowing that he had been granted a glimpse of a world beyond our comprehension, where the mundane and the mystical coexist in perfect harmony, waiting for the next curious soul to unlock their secrets.</p>	50

*adapted from "Veil of Time"*

**Section B [20 marks]**

**Refer to Text 3 on pages 3 and 4 to answer Questions 5 - 15.**

5 In paragraph 1, the tourist was described as “ready to immerse himself in the wonders of a culture steeped in mystique”. What does this suggest about how he was feeling? [1]

.....

.....

6 Which two of the following phrases from paragraph 2 suggest that the tourist was enjoying the making his way through the crowded streets. (Tick **two** boxes only) [2]

“sweet aroma of street food”	<input type="checkbox"/>
“sun's rays cascading harshly”	<input type="checkbox"/>
“adorned with vibrant graffiti”	<input type="checkbox"/>
“depicting ancient legends”	<input type="checkbox"/>

7 How did the tourist cope with the change in the atmosphere of the city as evening approached? [1]

.....

.....

8 From Paragraph 3, pick a word which suggests: [2]

(a) extend: .....

(b) mystical: .....

9 What do the following underlined words in bold from Paragraph 4 suggest about the tourist’s feelings towards the locals? [2]

The locals spoke in <b><u>hushed tones</u></b> about the "Veil of Time"	
he <b><u>sought answers to this puzzling</u></b> mysterious behaviour	

10 (a) Identify a simile used in Paragraph 5. [1]

.....

(b) Pick out a word from the same paragraph that conveys the same idea. [1]

.....

11 “Within the temple's hidden chamber, the tourist was transported to a realm that seemed to transcend time itself. Past, present, and future melded on an alluring tapestry hung high from its ceiling. It offered glimpses of history's defining moments and visions of what was yet to come. The boundaries of reality blurred as he witnessed scenes of ancient rituals and modern cityscapes coexisting in harmony”

(lines 27-32)

Identify the phrases from the sentences given above that correspond with the writer’s impression of the city. [4]

What the tourist saw and felt at the temple	Matching descriptions from the given sentences
part of the temple was concealed	
there was a beautiful curtain	
new found perspective of the future	
the atmosphere was surreal	

12 Suggest a reason why the tourist felt shocked by what he saw in Paragraph 7. [1]

.....

13 Pick out the four-word phrase from Paragraph 8 that shows the sudden disappearance of the elderly monk. [1]

.....

14

Some readers might say that after the temple visit, the tourist had a very different mindset about the city. With reference to Paragraph 9 and 10, find evidence to support this view.

Identify three quotes from Paragraphs 9 and 10, and explain how each quote provides evidence for this view. [3]

Quotes	How each quote supports the view that after the temple visit, the tourist had a very different mindset about the city

15 What do 'These' in line 46 refer to? [1]

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## Section C

## Text 4

**The text below is about bike sharing. Read it carefully and answer Questions 16 - 21.**

1	<p>In areas without easily accessible public transportation, people must walk to commute, run errands or get to school. But in many cases, travelling by foot just isn't efficient enough. For many people, a bicycle is the answer.</p>	
2	<p>Cape Town is one of the latest cities to consider adopting a public bike-share programme for short trips. The bike rental system would allow users to pick up a bike at one of many points in the city and drop it off at another at an affordable cost.</p>	5
3	<p>Although the programme is designed to make public transportation more accessible, there are major challenges to bike-share programmes in developing cities. Several pilot programmes in Cape Town have already been launched with limited success.</p>	10
4	<p>In cities where bikes are valuable commodities, theft poses a major threat to bike-share programmes. Because there are few secure places to lock up an expensive bike, organisers fear thieves and vandals will ruin the programme for everybody. Some cities in Africa and India choose to sacrifice convenience for security, hiring guards or requiring registration and paperwork to participate. While this solution does create jobs, it also reduces the likelihood that people will use a rental bike if they're looking for quick and easy transportation.</p>	15  20
5	<p>Also of concern is the deposit and payment method; credit cards or down payments may alienate poorer users who don't have the money or resources to pay a refundable rate upfront. Some locations in Africa are experimenting with alternative forms of deposit. In Rwanda, Malawi, Kenya, Tanzania, Uganda, Zimbabwe and Zambia, people can opt to leave behind their shoes for insurance and retrieve them when the bike is returned.</p>	25
6	<p>Roads can also be dangerous for cyclists. Along with reckless drivers and busy traffic, riders face roads that are rocky or damaged and not safe for bicycles. Especially if riders do not wear their mandatory helmets, this could be a significant obstacle in developing cities.</p>	30



7	<p>Bicycle taxis are another alternative to bike-share programmes; they can move quickly through traffic and are better suited for people in long, flowing clothes. They also solve the problem of insurance or a deposit, because passengers can simply pay the driver by the kilometer. In Malawi the bicycle taxis, or boda bodas, have been popular for customers looking for an affordable alternative to public transportation.</p>	35
8	<p>Access to bicycles is a gateway to other public services like health care, education and economic development. According to World Bicycle Relief, a non-profit organisation that provides "access to independence and livelihood through the power of bicycles," bikes enable people to carry five times more supplies and travel four times as far as on foot. People in need of medicine can reach the nearest clinic more easily, and quality educators can travel to areas that were previously too remote. Bike-share programmes in Africa would undoubtedly help communities grow; however, organisers will have to come up with innovative ways to overcome some significant challenges.</p>	40 45 50

adapted from <https://ethicaltraveler.org/2011/08/community-bike-share-programs-in-africa-challenges-and-benefits/>

**Section C [25 marks]**

**Refer to Text 3 to answer Questions 16 - 21.**

16 Read the text and match the paragraphs with the appropriate headings. Write the correct letter (**A–G**). The first one has been done for you. There is one other letter you will not need to use.

DO NOT USE ANY LETTER MORE THAN ONCE.

Paragraph 1 .....**B**.....

Paragraph 2 .....

Paragraph 3 .....

Paragraph 4 .....

Paragraph 5 .....

Paragraph 6 .....

**A** Challenges of bike sharing

**B** Bicycle as an essential form of transportation

**C** Security of the shared bike

**D** Deposit and payment methods

**F** Dangers of riding a bike in a busy town

**G** Bike-share programme in Cape Town [5]

17 In Cape Town several bike-share programmes enjoy only “limited success”(line 11). Why is this so? [2]

i) .....

ii) .....

18 How do vandals “ruin the programmes for everybody” (lines 14 – 15) [1]

.....

.....

19 Some cities in Africa “choose to sacrifice convenience for security” (lines 15 - 16).

i) What is the drawback of the decision to “sacrifice convenience”? [1]

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.....

ii) What does the “security” entail? [1]

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**Using your own words as far as possible**, summarise the challenges of the bike-share programme and the solutions offered.

**Use only information from paragraphs 4 to 5.** [15]

Your summary must be in continuous writing (not note form). It must not be longer than 80 words (not counting the words given to help you begin)

One challenge facing the bike-share programme is the .....

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**End of Paper**